

The Essential HIV and AIDS Services Package

Supporting Community Councils and Communities to respond to HIV and AIDS

The Community Council Plans

Under the Essential HIV and AIDS Services Package, all 128 Community Councils in Lesotho have prioritized HIV and AIDS interventions based on community strengths and needs. The Community Councils have each received an initial amount of funding from the National AIDS Commission to support implementation of the ESP in community councils e.g. use of qualified service providers to implement some priority interventions. It is expected that additional organisations will align funds and services to support the implementation of the community plans. This document contains the plans developed by the Community Councils.

What is the Essential HIV and AIDS Services Package? The Essential HIV and AIDS Services Package is a planning tool that relies on the Community Councils to serve as the 'Gateway' to effective HIV and AIDS services at the local level as outlined in the National Coordination Framework for HIV and AIDS.

It is coordinated by the National AIDS Commission working closely with the Ministry of Local Government and Chieftainship, and with technical support of GTZ and UNAIDS.

The goal is for critical HIV and AIDS services to reach communities in a short-term timeframe while building the capacity of the Community Councils to serve as the 'Gateway' for future interventions. The ESP is also aimed at strengthening collaboration between the community councils and HIV and AIDS Service Providers.

How Did the Planning Process Work?

The 128 Community Councils in Lesotho ranked their top three priority interventions listed under the five objectives. Each of the possible interventions links directly to the National HIV & AIDS Strategic Plan 2006-2011.

1. Prevention through Change in Sexual Behaviour
2. Prevention of Mother-to-Child Transmission
3. Access to HIV Testing and Health Services
4. Support for Orphans and Vulnerable Children
5. Support for People Living with HIV and AIDS

The resulting ranked priorities under the five objectives form the plans of each of the 128 Community Councils in response to HIV and AIDS.

Following up on the Essential HIV and AIDS Services Package

Close monitoring and evaluation of the interventions will be done by Community Councils, National AIDS Commission Technical Support Officers and others who will provide feedback to the Task Team (NAC, MOLGC, GTZ and UNAIDS). Reports will be issued and shared to communicate and build on lessons learned.

Partners

Gratitude is extended to all partners to have been, are and will contribute to the effort to situate the response to HIV and AIDS in Lesotho at the community level. A special vote of thanks is sent to Irish Aid for the funds they have given through UNAIDS to support the Joint UN Team on AIDS activities in Lesotho which made possible the printing of these materials.

G01 LIKHOHLONG

Objective 1: Prevention through change in Sexual Behaviour

- Priority 1: Distribution of female and male condoms & proper usage education
- Priority 2: Facilitation of regular activities for youth such as: football teams; volleyball teams; dance groups; drama groups; life skills groups
- Priority 3: Facilitating capacitation of traditional community leaders in HIV and AIDS and implementation of related initiatives

Objective 2: Access to HIV Testing and Health Services

- Priority 1: Registration of chronically ill patients
- Priority 2: Support mechanism for critical patients to hospital/health facility (Council to agree on the mechanisms)
- Priority 3: Advocacy for provider-initiated HIV testing at all health care facilities

Objective 3: Prevention of Mother to Child Transmission

- Priority 1: Train CHWs to test and support prevention of mother to child transmission
- Priority 2: Establish referral system for emergency delivery for mothers
- Priority 3: Provide training to at least one health facility worker per facility to do PMTCT and testing and ART/PEP support

Objective 4: Orphans and Vulnerable Children

- Priority 1: Registration of orphans and vulnerable children
- Priority 2: Ensure that registered orphans and OVCs have access to basic services such as education, nutrition & food security and health care
- Priority 3: Capacitate and empower Councilors, Chiefs and Community Members in protection of orphans and vulnerable children and ensure access to required services

Objective 5: Support for people who are HIV+

- Priority 1: Placement of one "expert" or HIV+ patient at each health facility
- Priority 2: Sponsoring HIV+ facilitators to do door-to-door, community gathering and small group meeting speeches/discussions on living positively with HIV&AIDS, stigma and discrimination
- Priority 3: Training of and sustaining of treatment supporters for PLWHA on ART

ADDITIONAL COUNCIL SPECIFIC INTERVENTIONS

- Priority 1: Availability of stretchers
- Priority 2: Gloves for every household

G02 MATSATSENG

Objective 1: Prevention through change in Sexual Behaviour

- Priority 1: Facilitating capacitation of traditional community leaders in HIV and AIDS and implementation of related initiatives
- Priority 2: Distribution of female and male condoms & proper usage education
- Priority 3: Facilitation of regular activities for youth such as: football teams; volleyball teams; dance groups; drama groups; life skills groups

Objective 2: Access to HIV Testing and Health Services

- Priority 1: Support mechanism for critical patients to hospital/health facility (Council to agree on the mechanisms)
- Priority 2: Facilitate and ensure provision of home based care kits supplies and gloves and limited training to registered HBC support groups
- Priority 3: Facilitate provision of testing kits to trained community HIV&AIDS counsellors

Objective 3: Prevention of Mother to Child Transmission

- Priority 1: Establish referral system for emergency delivery for mothers
- Priority 2: Train CHWs to test and support prevention of mother to child transmission
- Priority 3: Provide training to at least one health facility worker per facility to do PMTCT and testing and ART/PEP support

Objective 4: Orphans and Vulnerable Children

- Priority 1: Ensure that registered orphans and OVCs have access to basic services such as education, nutrition & food security and health care
- Priority 2: Capacitate and empower Councilors, Chiefs and Community Members in protection of orphans and vulnerable children and ensure access to required services
- Priority 3: Facilitate counseling services for orphans and OVCs including support/play therapy

Objective 5: Support for people who are HIV+

- Priority 1: Organized transport for patients, treatment supporters and medications pick-up to hospital/health facility
- Priority 2: Sponsoring HIV+ facilitators to do door-to-door, community gathering and small group meeting speeches/discussions on living positively with HIV&AIDS, stigma and discrimination
- Priority 3: Training of and sustaining of treatment supporters for PLWHA on ART

ADDITIONAL COUNCIL SPECIFIC INTERVENTIONS

- Priority 1: Resources for care provision to orphans given to Home Based Care
- Priority 2: Gloves for every household, female condoms distribution and mouth masks

G03 QOMOQOMONG

Objective 1: Prevention through change in Sexual Behaviour

- Priority 1: Distribution of female and male condoms & proper usage education
- Priority 2: Facilitating capacitation of traditional community leaders in HIV and AIDS and implementation of related initiatives
- Priority 3: Facilitation of regular activities for youth such as: football teams; volleyball teams; dance groups; drama groups; life skills groups

Objective 2: Access to HIV Testing and Health Services

- Priority 1: Facilitate and ensure provision of home based care kits supplies and gloves and limited training to registered HBC support groups
- Priority 2: Support mechanism for critical patients to hospital/health facility (Council to agree on the mechanisms)
- Priority 3: Registration of chronically ill patients

Objective 3: Prevention of Mother to Child Transmission

- Priority 1: Provide training to at least one health facility worker per facility to do PMTCT and testing and ART/PEP support
- Priority 2: Establish referral system for emergency delivery for mothers
- Priority 3: Train CHWs to test and support prevention of mother to child transmission

Objective 4: Orphans and Vulnerable Children

- Priority 1: Capacitate and empower Councilors, Chiefs and Community Members in protection of orphans and vulnerable children and ensure access to required services
- Priority 2: Registration of orphans and vulnerable children
- Priority 3: Ensure that registered orphans and OVCs have access to basic services such as education, nutrition & food security and health care

Objective 5: Support for people who are HIV+

- Priority 1: Placement of one "expert" or HIV+ patient at each health facility
- Priority 2: Training of and sustaining of treatment supporters for PLWHA on ART
- Priority 3: Sponsoring HIV+ facilitators to do door-to-door, community gathering and small group meeting speeches/discussions on living positively with HIV&AIDS, stigma and discrimination

ADDITIONAL COUNCIL SPECIFIC INTERVENTIONS

- Priority 1: Vegetable gardens for HIV or AIDS patients
- Priority 2: Available of gloves, condoms at the community council
- Priority 3: Training for Traditional healers on FIRST AID

G04 LIPHA KOE

Objective 1: Prevention through change in Sexual Behaviour

- Priority 1: Distribution of female and male condoms & proper usage education
- Priority 2: Facilitation of regular activities for youth such as: football teams; volleyball teams; dance groups; drama groups; life skills groups
- Priority 3: Facilitating capacitation of church leaders in HIV and AIDS and implementation of related initiatives

Objective 2: Access to HIV Testing and Health Services

- Priority 1: Facilitate and ensure provision of home based care kits supplies and gloves and limited training to registered HBC support groups
- Priority 2: Registration of chronically ill patients
- Priority 3: Facilitate provision of testing kits to trained community HIV&AIDS counsellors

Objective 3: Prevention of Mother to Child Transmission

- Priority 1: Train CHWs to test and support prevention of mother to child transmission
- Priority 2: Provide training to at least one health facility worker per facility to do PMTCT and testing and ART/PEP support
- Priority 3: Conduct door-to-door/ community education campaigns/ and male involvement on PMTCT + (exclusive breast feeding)

Objective 4: Orphans and Vulnerable Children

- Priority 1: Ensure that registered orphans and OVCs have access to basic services such as education, nutrition & food security and health care
- Priority 2: Facilitate counseling services for orphans and OVCs including support/play therapy
- Priority 3: Capacitate and empower Councilors, Chiefs and Community Members in protection of orphans and vulnerable children and ensure access to required services

Objective 5: Support for people who are HIV+

- Priority 1: Sponsoring HIV+ facilitators to do door-to-door, community gathering and small group meeting speeches/discussions on living positively with HIV&AIDS, stigma and discrimination
- Priority 2: Placement of one "expert" or HIV+ patient at each health facility
- Priority 3: Training of and sustaining of treatment supporters for PLWHA on ART

ADDITIONAL COUNCIL SPECIFIC INTERVENTIONS

- Priority 1: Provision of seeds to support groups
- Priority 2: Availability of gloves, female condoms at all times.

G05 HA NKUEBE

Objective 1: Prevention through change in Sexual Behaviour

- Priority 1: Facilitation of regular activities for youth such as: football teams; volleyball teams; dance groups; drama groups; life skills groups
- Priority 2: Parents involvement in shaping the behaviour of children on HIV and AIDS related issues
- Priority 3: Conducting Male-Focused Discussions (condom utilization, multiple and recurrent partners etc)

Objective 2: Access to HIV Testing and Health Services

- Priority 1: Support mechanism for critical patients to hospital/health facility (Council to agree on the mechanisms)
- Priority 2: Registration of chronically ill patients
- Priority 3: Facilitate and ensure training of at least one health facility worker per facility to do HIV counselling and testing

Objective 3: Prevention of Mother to Child Transmission

- Priority 1: Train CHWs to test and support prevention of mother to child transmission
- Priority 2: Provide training to at least one health facility worker per facility to do PMTCT and testing and ART/PEP support
- Priority 3: Establish referral system for emergency delivery for mothers

Objective 4: Orphans and Vulnerable Children

- Priority 1: Ensure that registered orphans and OVCs have access to basic services such as education, nutrition & food security and health care
- Priority 2: Capacitate and empower Councilors, Chiefs and Community Members in protection of orphans and vulnerable children and ensure access to required services
- Priority 3: Registration of orphans and vulnerable children

Objective 5: Support for people who are HIV+

- Priority 1: Organized transport for patients, treatment supporters and medications pick-up to hospital/health facility
- Priority 2: Placement of one "expert" or HIV+ patient at each health facility
- Priority 3: Sponsoring HIV+ facilitators to do door-to-door, community gathering and small group meeting speeches/discussions on living positively with HIV&AIDS, stigma and discrimination

G06 TSATSANE

Objective 1: Prevention through change in Sexual Behaviour

- Priority 1: Facilitation of regular activities for youth such as: football teams; volleyball teams; dance groups; drama groups; life skills groups
- Priority 2: Distribution of female and male condoms & proper usage education
- Priority 3: Registration of Initiation Schools and facilitating adherence to best practices within the Schools

Objective 2: Access to HIV Testing and Health Services

- Priority 1: Support mechanism for critical patients to hospital/health facility (Council to agree on the mechanisms)
- Priority 2: Registration of chronically ill patients
- Priority 3: Facilitate provision of testing kits to trained community HIV&AIDS counsellors

Objective 3: Prevention of Mother to Child Transmission

- Priority 1: Train CHWs to test and support prevention of mother to child transmission
- Priority 2: Provide training to at least one health facility worker per facility to do PMTCT and testing and ART/PEP support
- Priority 3: Establish referral system for emergency delivery for mothers

Objective 4: Orphans and Vulnerable Children

- Priority 1: Capacitate and empower Councilors, Chiefs and Community Members in protection of orphans and vulnerable children and ensure access to required services
- Priority 2: Ensure that registered orphans and OVCs have access to basic services such as education, nutrition & food security and health care
- Priority 3: Facilitate counseling services for orphans and OVCs including support/play therapy

Objective 5: Support for people who are HIV+

- Priority 1: Organized transport for patients, treatment supporters and medications pick-up to hospital/health facility
- Priority 2: Placement of one "expert" or HIV+ patient at each health facility
- Priority 3: Sponsoring HIV+ facilitators to do door-to-door, community gathering and small group meeting speeches/discussions on living positively with HIV&AIDS, stigma and discrimination

ADDITIONAL COUNCIL SPECIFIC INTERVENTIONS

- Priority 1: Workshop for elderly men and women on home based care for persons ill with HIV
- Priority 2: Workshop for herd boys on HIV and AIDS
- Priority 3: Workshop for service providers on HIV and AIDS
- Priority 4: Workshop for men on home based care
- Priority 5: Workshop for leaders and participants of Initiation Schools on HIV and AIDS

G07 MKHONO

Objective 1: Prevention through change in Sexual Behaviour

- Priority 1: Parents involvement in shaping the behaviour of children on HIV and AIDS related issues
- Priority 2: Facilitation of regular activities for youth such as: football teams; volleyball teams; dance groups; drama groups; life skills groups
- Priority 3: Facilitating capacitation of business leaders in HIV and AIDS and implementation of related initiatives

Objective 2: Access to HIV Testing and Health Services

- Priority 1: Facilitate and ensure provision of home based care kits supplies and gloves and limited training to registered HBC support groups
- Priority 2: Support mechanism for critical patients to hospital/health facility (Council to agree on the mechanisms)
 - Facilitate provision of testing kits to trained community HIV&AIDS counselors
- Priority 3: Registration of chronically ill patients

Objective 3: Prevention of Mother to Child Transmission

- Priority 1: Train CHWs to test and support prevention of mother to child transmission
- Priority 2: Conduct door-to-door/ community education campaigns/ and male involvement on PMTCT + (exclusive breast feeding)
- Priority 3: Establish referral system for emergency delivery for mothers

Objective 4: Orphans and Vulnerable Children

- Priority 1: Facilitate counseling services for orphans and OVCs including support/play therapy
- Priority 2: Capacitate and empower Councilors, Chiefs and Community Members in protection of orphans and vulnerable children and ensure access to required services
- Priority 3: Ensure that registered orphans and OVCs have access to basic services such as education, nutrition & food security and health care

Objective 5: Support for people who are HIV+

- Priority 1: Ho t'sehetsa ka lichelete kapa mefuta e meng bakoetlisi ba nang le t'soatso ea HIV ho kena ntlo le ntlo, lipitso tsa sechaba le liphutheho le lihlopha tse fokolang/ puisano ka ho phela hantle le HIV le AIDS, sekhobo le khethollo
- Priority 2: Training of and sustaining of treatment supporters for PLWHA on ART
- Priority 3: Placement of one "expert" or HIV+ patient at each health facility

G08 MOKOTJOMELA

Objective 1: Prevention through change in Sexual Behaviour

- Priority 1: Conducting Male-Focused Discussions (condom utilization, multiple and recurrent partners etc)
- Priority 2: Facilitation of regular activities for youth such as: football teams; volleyball teams; dance groups; drama groups; life skills groups
- Priority 3: Distribution of female and male condoms & proper usage education

Objective 2: Access to HIV Testing and Health Services

- Priority 1: Support mechanism for critical patients to hospital/health facility (Council to agree on the mechanisms)
- Priority 2: Facilitate provision of testing kits to trained community HIV&AIDS counselors
- Priority 3: Facilitate and ensure provision of home based care kits supplies and gloves and limited training to registered HBC support groups

Objective 3: Prevention of Mother to Child Transmission

- Priority 1: Provide training to at least one health facility worker per facility to do PMTCT and testing and ART/PEP support
- Priority 2: Train CHWs to test and support prevention of mother to child transmission
- Priority 3: Establish referral system for emergency delivery for mothers

Objective 4: Orphans and Vulnerable Children

- Priority 1: Facilitate counseling services for orphans and OVCs including support/play therapy
- Priority 2: Capacitate and empower Councilors, Chiefs and Community Members in protection of orphans and vulnerable children and ensure access to required services
- Priority 3: Ensure that registered orphans and OVCs have access to basic services such as education, nutrition & food security and health care

Objective 5: Support for people who are HIV+

- Priority 1: Sponsoring HIV+ facilitators to do door-to-door, community gathering and small group meeting speeches/discussions on living positively with HIV&AIDS, stigma and discrimination
- Priority 2: Organized transport for patients, treatment supporters and medications pick-up to hospital/health facility
- Priority 3: Training of and sustaining of treatment supporters for PLWHA on ART

ADDITIONAL COUNCIL SPECIFIC INTERVENTIONS

- Priority 1: Training for service providers on service provision
- Priority 2: Workshop for herd boys on HIV & AIDS, counselling and testing
- Priority 3: Workshop for home based care providers on HIV & AIDS, STIs and KYS
- Priority 4: Workshop for elderly men and women on caring for a person who is living with HIV or AIDS
- Priority 5: Workshop for men on how to nurse an ill person who has HIV or AIDS

G09 MPHAKI

Objective 1: Prevention through change in Sexual Behaviour

- Priority 1: Parents involvement in shaping the behaviour of children on HIV and AIDS related issues
- Priority 2: Facilitating capacitation of business leaders in HIV and AIDS and implementation of related initiatives
- Priority 3: Facilitation of regular activities for youth such as: football teams; volleyball teams; dance groups; drama groups; life skills groups

Objective 2: Access to HIV Testing and Health Services

- Priority 1: Facilitate provision of testing kits to trained community HIV&AIDS counsellors
Support mechanism for critical patients to hospital/health facility (Council to agree on the mechanisms)
- Priority 2: Registration of chronically ill patients
- Priority 3: Facilitate and ensure provision of home based care kits supplies and gloves and limited training to registered HBC support groups

Objective 3: Prevention of Mother to Child Transmission

- Priority 1: Train CHWs to test and support prevention of mother to child transmission
- Priority 2: Establish referral system for emergency delivery for mothers
- Priority 3: Conduct door-to-door/ community education campaigns/ and male involvement on PMTCT + (exclusive breast feeding)

Objective 4: Orphans and Vulnerable Children

- Priority 1: Facilitate counseling services for orphans and OVCs including support/play therapy
- Priority 2: Ensure that registered orphans and OVCs have access to basic services such as education, nutrition & food security and health care
- Priority 3: Capacitate and empower Councilors, Chiefs and Community Members in protection of orphans and vulnerable children and ensure access to required services

Objective 5: Support for people who are HIV+

- Priority 1: Training of and sustaining of treatment supporters for PLWHA on ART
- Priority 2: Placement of one "expert" or HIV+ patient at each health facility
- Priority 3: Sponsoring HIV+ facilitators to do door-to-door, community gathering and small group meeting speeches/discussions on living positively with HIV&AIDS, stigma and discrimination

G10 SEFORONG

Objective 1: Prevention through change in Sexual Behaviour

- Priority 1: Facilitation of regular activities for youth such as: football teams; volleyball teams; dance groups; drama groups; life skills groups
- Priority 2: Facilitating capacitation of traditional community leaders in HIV and AIDS and implementation of related initiatives
- Priority 3: Conducting Male-Focused Discussions (condom utilization, multiple and recurrent partners etc)

Objective 2: Access to HIV Testing and Health Services

- Priority 1: Facilitate and ensure training of at least one health facility worker to do HIV counseling and testing on the border (tikoloho ka 'ngoe)
- Priority 2: Facilitate provision of testing kits to trained community HIV&AIDS counselors
- Priority 3: Facilitate and ensure provision of home based care kits supplies and gloves and limited training to registered HBC support groups

Objective 3: Prevention of Mother to Child Transmission

- Priority 1: Train CHWs to test and support prevention of mother to child transmission
- Priority 2: Conduct door-to-door/ community education campaigns/ and male involvement on PMTCT + (exclusive breast feeding)
- Priority 3: Establish referral system for emergency delivery for mothers

Objective 4: Orphans and Vulnerable Children

- Priority 1: Facilitate counseling services for orphans and OVCs including support/play therapy
- Priority 2: Capacitate and empower Councilors, Chiefs and Community Members in protection of orphans and vulnerable children and ensure access to required services
- Priority 3: Ensure that registered orphans and OVCs have access to basic services such as education, nutrition & food security and health care

Objective 5: Support for people who are HIV+

- Priority 1: Organized transport for patients, treatment supporters and medications pick-up to hospital/health facility
- Priority 2: Sponsoring HIV+ facilitators to do door-to-door, community gathering and small group meeting speeches/discussions on living positively with HIV&AIDS, stigma and discrimination
- Priority 3: Training of and sustaining of treatment supporters for PLWHA on ART

ADDITIONAL COUNCIL SPECIFIC INTERVENTIONS

- Priority 1: Workshop for service providers
- Priority 2: Workshop for herd boys
- Priority 3: Workshop for the elderly on care for people ill with HIV or AIDS
- Priority 4: Workshop for youth on the importance of knowing their HIV status before marriage
- Priority 5: Workshop for orphans on providing for themselves

Litebeletso tsa ho loantsa HIV le AIDS Sechabeng

Ts'ebetso Ho Makhotla A Puso ea Libaka Bakeng sa Ho Nka Boikarabello Ho Loants' a HIV le AIDS:

Meralo ea Makhotla a Puso ea Libaka:

Tlase leano la lits'ebeletso tsa ho loants'a HIV le AIDS sechabeng, Makhotla a Puso ea Libaka ohle a 128 a Lesotho, a se a khethile lits'ebeletso tseo e leng tsa mantlha a ipapisitse le tseo sechaba se nang le tsona le lithoko tsa sona phethahatsong ea lits'ebeletso tse khethiloeng. Makhotla a Puso ea Libaka ka bo mong a se a amohetse chelete e tsoang Komising Ea Naha ea HIV le AIDS e le chelete ea ho qala ts'ebetso ea phethahatso ea lits'ebeletso tsa ho loants'a HIV le AIDS sechabeng Makhotleng a bona, 'me ba bile ba sebelisa bafani ba lits'ebeletso ba nang le hona ho ka kenya ts'ebetsong lits'ebeletso tse khethiloeng. Ho boetse ho lebeletsoe hore mekhatlo e meng le mafapha a mang ba tla ikamahanya le ho ts'ehetsa ka lichelete le bosebeletsi phethahatso ea meralo ena ea sechaba. Tokomane ena ke ea meralo e raliloeng ke Makhotla a Puso ea Libaka.

Lits'ebeletso tsa ho loants'a HIV le AIDS sechabeng ke e'ng?

Lits'ebeletso tsa ho loants'a HIV le AIDS sechabeng ke leano le leoa la ho etsa meralo Makhotleng a Puso ea Libaka le its'etlehileng holima ho sebelisa ona Makhotla a Puso ea Libaka e le khoro ea ho matlafatsa lits'ebeletso tsa ho loants'a HIV le AIDS sechabeng joalo ka ha e le sepheo sa leano la Naha le Moralo tse tataisang ts'ebetso ea Naha litabeng tsa HIV le AIDS.

Leano lena la lits'ebeletso tsa ho loants'a HIV le AIDS sechabeng le tsamaisoa le ho behoa ts'ebetsong ke Komisi ea Naha ea AIDS ka ts'ebeliso 'moho le Lekala la Puso ea Libaka le Borena, le ka t'ebetso ea botsibi ea Mokhatlo oa Machaba oa Germany-GTZ le Mokhatlo oa Machaba o sebetsanang le HIV le AIDS-UNAIDS.

Sepheo le tabatabelo tse ka sehlohong ke hore lits'ebeletso tsa ho loants'a HIV le AIDS sechabeng li fihlele sechaba ka nako, ho bile ho etsoa le bonnete ba hore ho ahoa le boiphihlelo ba Makhotla a Puso ea Libaka e le khoro bakeng sa phethahatso ea lits'ebeletso tse ling tsa ka moso. Litebeletso tsa ho loants'a HIV le AIDS sechabeng li boetse ke mokhoa o mong o hopoletsoeng hore o matlafatse khokahano lipakeng tsa Makhotla a Puso ea Libaka le bafani ba lits'ebeletso ba sebetsang le HIV le AIDS.

Ts'ebetso ea ho etsa meralo e ile ea sebetsoa joang?

Makhotla a Puso ea Libaka a 128 Lesotho, a ile a khetha lits'ebeletso tse tharo tse hlahang tlasa lethathamo la maano a mahlano a'o e leng motheo oa sepheo sa lits'ebeletso. Lits'ebeletso tsohle li hlalositsoe ho ipapisitsoe ka kotloloho le leano la Naha le Moralo oa Ts'ebetso oa 2006-2011.

Maano a Mahlano a'o e leng motheo oa sepheo sa lits'ebeletso tsa ho loants'a HIV le AIDS sechabeng:

1. Thibelo ka Phetoho ea Boit'soaro ba Thobalano
2. Ho fihlela tlhatlhobo ea HIV le Lit'sebeletso tsa Bophelo
3. Thibelo ea Phetisetso ea T'soatso ho Tloha ho 'M'a ho ea ho Lesea
4. Bana ba Likhutsana le ba Tlokotsing
5. T'ebetso ho Batho ba nang le t'soatso ea HIV

Phethahatso ea tlhatlhamano ea lits'ebeletso tsa ho loants'a HIV le AIDS sechabeng ,tlasa lethathamo la maano le nang le mekhahlelo e mehlano e thehang sepheo sa lits'ebetso tsena, ke eona e thehang meralo eo Makhotlo a Puso ea Libaka a tla arabela lithoko tsa sechaba litabeng tsa HIV le AIDS ka eona.

Ts'alo-morao ea ts'ebetso ea lits'ebeletso tsa ho loants'a HIV le AIDS sechabeng

Ho phethahatsa ts'alo-morao ea ts'ebetso ea lits'ebeletso tsa ho loants'a HIV le AIDS sechabeng ho tla ba le tataiso le bohlahlobi ba khafetsa holima lits'ebeletso, 'me e le boikarabello ba Makhotla a Puso ea Libaka, Bosebeletsi ba Komisi ea Naha ea AIDS bo literekeng-ba sebetsanang le litaba tsa ts'ebetso, le ba bang ba ka tsebang hore ba 'ne ba tlalehela Moifo o ikarabellang litabeng tsena e leng o thehiloeng ka litho ho tsoa; (Komising ea Naha Ea AIDS-NAC, Lekala La Puso ea Libaka le Borena-MOLGC, Mokhatlo oa Machaba oa Germany-GTZ, Mokhatlo oa Machaba oa AIDS-UNAIDS).

Basebetsi 'moho;

Liteboho lilebisoa ho basebetsi 'moho bohle ba bileng teng, ba bileng ba tla 'ne ba be teng, ka mekhhoa le matsapa ohle ao ba thusitseng ka ona ho arabela ka ho nanabetsa letsoho ntoeng ea HIV le AIDS haholo boemong ba sechaba. Liteboho tse ikhethileng li lebisoa ho Irish AID, ka ts'ebetso ea chelete eo ba ileng ba fana ka eona ka UNADS ho ts'ehetsa sehlopha sa ba ikopantseng ba machabeng ho sebetsana le litaba tsa HIV Lesotho, e leng ho bileng hoa re thusa hore re hlalise lisebelisoa tse kang tsena.

G01 LIKHOHLONG

Se hlokgang ho fihleloa 1: Thibelo ka Phetoho ea Boit'soaro ba Thobalano

- 1: Phano ea likhohlopo tsa basali le banna le thuto ka t'sebeliso e nepahetseng ea tsona
- 2: Tsamaiso ea liketsahalo tsa bacha khafetsa joaloka: lihlopha tsa bolo ea maoto; *volleyball*; lihlopha tsa motjeko; tsa lipapali tsa kalaneng; tsa malebela a bophelo
- 3: Ho tsamaisa lithupelo tsa ho ntlafatsa baetapele ba moetlo ka HIV le AIDS le bophethahatsi ba boikitlaetso bo amanang

Se hlokgang ho fihleloa 2: Ho fihlela tlhatlhobo ea HIV le Lit'sebeletso tsa Bophelo

- 1: Ngoliso ea bakuli ba mafu a sa foleng
- 2: Mekhoa ea t'sebetso sebakeng sa bakuli ba hlohang ho ea lipetlele/litsing tsa bophelo (Lekhotla le t'soanela ho lumellana ka mekhoe)
- 3: Bobuelli ba tlhatlhobo ea HIV e fanoang ke litsi tsa tlhokomelo ea bophelo

Se hlokgang ho fihleloa 3: Thibelo ea Phetisetso ea T'soetso ho Tloha ho 'M'a ho ea ho Lesea

- 1: Koetliso ea CHWs ho hlahloba le ho t'sehetsa thibelo ea phetisetso ea t'soetso ho tloha ho 'm'a ho ea ho lesea
- 2: Ho etsa merero ea ho fetisetso bo-'m'e ba hlokgang ho pepa ka t'sohanyetso moo ho hlokahalang
- 3: Ho fana ka koetliso ho bonyane mosebeletsi a le mong oa setsi sa bophelo setsing ka 'ngoe holima PMTCT le tlhatlhobo le t'sebetso ea ART/PEP

Se hlokgang ho fihleloa 4: Bana ba Likhutsana le ba Tlokotsing

- 1: Ngoliso ea bana ba likhutsana le ba tlokotsing
- 2: Ho etsa bonnete ba hore bana ba likhutsana le ba tlokotsing ba fihlela lit'sebeletso tsa mantlha joaloka thuto, phepo e nepahetseng le t'sireletso ea lijo le tlhokomelo ea bophelo
- 3: Ho ntlafatsa le ho fa bakhethoa, marena le sechaba matla ele ho t'sireletsa bana ba likhutsana le ba tlokotsing le ho etsa bonnete ba hore ba fumana lit'sebeletso tse hlokahalang

Se hlokgang ho fihleloa 5: T'sebetso ho Batho ba nang le t'soetso ea HIV

- 1: Ho beha "setsibi" se le seng kapa mokuli ea nang le HIV setsing ka seng sa bophelo
- 2: Ho t'sehetsa ka lichelete kapa mefuta e meng bakoetlisi ba nang le t'soetso ea HIV ho kena ntlo le ntlo, lipitso tsa sechaba le liphutheho le lihlopha tse fokolang/puisano ka ho phela hantle le HIV le AIDS, sekhobo le khethollo
- 3: Koetliso le tiiso ea bat'sehetsi ba kalafo sebakeng sa batho ba phelang le t'soetso ea HIV le AIDS ba sebelisang ART

TLATSETSO EA MEKHOA EA HO KENA LIPAKENG EA MAKHOTLA

- 1: Tlhokahalo ea mampara metseng e loting
- 2: Liatlana li hlokahla ntlo le ntlo

G02 MATSATSENG

Se hlohang ho fihleloa 1: Thibelo ka Phetoho ea Boit'soaro ba Thobalano

- 1: Ho tsamaisa lithupelo tsa ho ntlafatsa baetapele ba moetlo ka HIV le AIDS le bophethahatsi ba boikitlaetso bo amanang
- 2: Phano ea likhohlopo tsa basali le banna le thuto ka t'sebeliso e nepahetseng ea tsona
- 3: Tsamaiso ea liketsahalo tsa bacha khafetsa joaloka: lihlopha tsa bolo ea maoto; *volleyball*; lihlopha tsa motjeko; tsa lipapali tsa kalaneng; tsa malebela a bophelo

Se hlohang ho fihleloa 2: Ho fihlela tlhatlhobo ea HIV le Lit'sebeletso tsa Bophelo

- 1: Mekhoa ea t'sebetso sebakeng sa bakuli ba hlohang ho ea lipetlele/litsing tsa bophelo (Lekhotla le t'soanela ho lumellana ka mekhoe)
- 2: Ho tsamaisa le ho etsa bonnete ba phano ea lisebelisoa tsa tlhokomelo ea bakuli malapeng, liatlana le koetliso ho lihlopha tsa t'sebetso tse ngolisitsoeng
- 3: Ho tsamaisa phano ea thepa e hlahlobang ho bahlabolli ba HIV le AIDS ba koetlisitsoeng ba sechaba

Se hlohang ho fihleloa 3: Thibelo ea Phetisetso ea T'soetso ho Tloha ho 'M'a ho ea ho Lesea

- 1: Ho etsa merero ea ho fetisetsa bo-'m'e ba hlohang ho pepa ka t'sohanyetso moo ho hlokahalang
- 2: Koetliso ea CHWs ho hlahloba le ho t'sehetsa thibelo ea phetisetso ea t'soetso ho tloha ho 'm'a ho ea ho lesea
- 3: Ho fana ka koetliso ho bonyane mosebeletsi a le mong oa setsi sa bophelo setsing ka 'ngoe holima PMTCT le tlhatlhobo le t'sebetso ea ART/PEP

Se hlohang ho fihleloa 4: Bana ba Likhutsana le ba Tlokotsing

- 1: Ho etsa bonnete ba hore bana ba likhutsana le ba tlokotsing ba fihlela lit'sebeletso tsa mantlha joaloka thuto, phepo e nepahetseng le t'sireletso ea lijo le tlhokomelo ea bophelo
- 2: Ho ntlafatsa le ho fa bakhethoa, marena le sechaba matla ele ho t'sireletsa bana ba likhutsana le ba tlokotsing le ho etsa bonnete ba hore ba fumana lit'sebeletso tse hlokahalang
- 3: Ho tsamaisa lit'sebeletso tsa tlhabollo sebakeng sa bana ba likhutsana le ba tlokotsing ho kenyeletsoa le t'sebetso/tlhabollo ka mokhoa oa papali

Se hlohang ho fihleloa 5: T'sebetso ho Batho ba nang le t'soetso ea HIV

- 1: Tlhophiso ea mokhoa oa ho tsamaisa bakuli, bat'sehetsi ba kalafo le ho lata meriana lipetlele/litsing tsa bophelo
- 2: Ho t'sehetsa ka lichelete kapa mefuta e meng bakoetlisi ba nang le t'soetso ea HIV ho kena ntlo le ntlo, lipitso tsa sechaba le liphutheho le lihlopha tse fokolang/puisano ka ho phela hantle le HIV le AIDS, sekhobo le khethollo
- 3: Koetliso le tiiso ea bat'sehetsi ba kalafo sebakeng sa batho ba phelang le t'soetso ea HIV le AIDS ba sebelisang ART

TLATSETSO EA MEKHOA EA HO KENA LIPAKENG EA MAKHOTLA

- 1: Bohlokomeli ba likhutsana malapeng ba fumane t'sebetso ea lisebelisoa tsa lapeng
- 2: Liatlana, likhohlopo tsa bo 'm'e, le likoaela melomo (masks)

G03 QOMOQOMONG

Se hlokgang ho fihleloa 1: Thibelo ka Phetoho ea Boit'soaro ba Thobalano

- 1: Phano ea likhohlopo tsa basali le banna le thuto ka t'sebeliso e nepahetseng ea tsona
- 2: Ho tsamaisa lithupelo tsa ho ntlafatsa baetapele ba moetlo ka HIV le AIDS le bophethahatsi ba boikitlaetso bo amanang
- 3: Tsamaiso ea liketsahalo tsa bacha khafetsa joaloka: lihlopha tsa bolo ea maoto; *volleyball*; lihlopha tsa motjeko; tsa lipapali tsa kalaneng; tsa malebela a bophelo

Se hlokgang ho fihleloa 2: Ho fihlela tlhatlhobo ea HIV le Lit'sebeletso tsa Bophelo

- 1: Ho tsamaisa le ho etsa bonnete ba phano ea lisebelisoa tsa tlhokomelo ea bakuli malapeng, liatlana le koetliso ho lihlopha tsa t'sebetso tse ngolisitsoeng
- 2: Mekhoa ea t'sebetso sebakeng sa bakuli ba hlohang ho ea lipetlele/litsing tsa bophelo (Lekhotla le t'soanela ho lumellana ka mekhoe)
- 3: Ngoliso ea bakuli ba mafu a sa foleng

Se hlokgang ho fihleloa 3: Thibelo ea Phetisetso ea T'soetso ho Tloha ho 'M'a ho ea ho Lesea

- 1: Ho fana ka koetliso ho bonyane mosebeletsi a le mong oa setsi sa bophelo setsing ka 'ngoe holima PMTCT le tlhatlhobo le t'sebetso ea ART/PEP
- 2: Ho etsa merero ea ho fetisetsa bo-'m'e ba hlokgang ho pepa ka t'sohanyetso moo ho hlokahalang
- 3: Koetliso ea CHWs ho hlahloba le ho t'sehetsa thibelo ea phetisetso ea t'soetso ho tloha ho 'm'a ho ea ho lesea

Se hlokgang ho fihleloa 4: Bana ba Likhutsana le ba Tlokotsing

- 1: Ho ntlafatsa le ho fa bakhethoa, marena le sechaba matla ele ho t'sireletsa bana ba likhutsana le ba tlokotsing le ho etsa bonnete ba hore ba fumana lit'sebeletso tse hlokahalang
- 2: Ngoliso ea bana ba likhutsana le ba tlokotsing
- 3: Ho etsa bonnete ba hore bana ba likhutsana le ba tlokotsing ba fihlela lit'sebeletso tsa mantlha joaloka thuto, phepo e nepahetseng le t'sireletso ea lijo le tlhokomelo ea bophelo

Se hlokgang ho fihleloa 5: T'sebetso ho Batho ba nang le t'soetso ea HIV

- 1: Ho beha "setsibi" se le seng kapa mokuli ea nang le HIV setsing ka seng sa bophelo
- 2: Koetliso le tiiso ea bat'sehetsi ba kalafo sebakeng sa batho ba phelang le t'soetso ea HIV le AIDS ba sebelisang ART
- 3: Ho t'sehetsa ka lichelete kapa mefuta e meng bakoetlisi ba nang le t'soetso ea HIV ho kena ntlo le ntlo, lipitso tsa sechaba le liphutheho le lihlopha tse fokolang/puisano ka ho phela hantle le HIV le AIDS, sekhobo le khethollo

TLATSETSO EA MEKHOA EA HO KENA LIPAKENG EA MAKHOTLA

- 1: Bakuli ba HIV/AIDS ba lengoeloe meroho e metala
- 2: Likhohlopo le liatlana li fumanehe ofising ea lekhotla ea G03
- 3: Ho koetlisoe bo-ramephato ka thuso ea pele (First Aid)

G04 LIPHA KOE

Se hlokoang ho fihleloa 1: Thibelo ka Phetoho ea Boit'soaro ba Thobalano

- 1: Phano ea likhohlopo tsa basali le banna le thuto ka t'sebeliso e nepahetseng ea tsona
- 2: Tsamaiso ea liketsahalo tsa bacha khafetsa joaloka: lihlopha tsa bolo ea maoto; *volleyball*; lihlopha tsa motjeko; tsa lipapali tsa kalaneng; tsa malebela a bophelo
- 3: Ho tsamaisa lithupelo tsa ho ntlafatsa baetapele ba likereke ka HIV le AIDS le bophethahatsi ba boikitlaetso bo tsamaellanang

Se hlokoang ho fihleloa 2: Ho fihlela tlhatlhobo ea HIV le Lit'sebeletso tsa Bophelo

- 1: Ho tsamaisa le ho etsa bonnete ba phano ea lisebelisoa tsa tlhokomelo ea bakuli malapeng, liatlana le koetliso ho lihlopha tsa t'sebetso tse ngolisitsoeng
- 2: Ngoliso ea bakuli ba mafu a sa foleng
- 3: Ho tsamaisa phano ea thepa e hlahlobang ho bahlabolli ba HIV le AIDS ba koetlisitsoeng ba sechaba

Se hlokoang ho fihleloa 3: Thibelo ea Phetisetso ea T'soatso ho Tloha ho 'M'a ho ea ho Lesea

- 1: Koetliso ea CHWs ho hlahloba le ho t'sehetsa thibelo ea phetisetso ea t'soatso ho tloha ho 'm'a ho ea ho lesea
- 2: Ho fana ka koetliso ho bonyane mosebeletsi a le mong oa setsi sa bophelo setsing ka 'ngoe holima PMTCT le tlhatlhobo le t'sebetso ea ART/PEP
- 3: Ho kena ntlo le ntlo/thuto sechabeng ka ho iketa/ho kenyeletsa banna litabeng tsa PMTCT + (ho anyesa feela)

Se hlokoang ho fihleloa 4: Bana ba Likhutsana le ba Tlokotsing

- 1: Ho etsa bonnete ba hore bana ba likhutsana le ba tlokotsing ba fihlela lit'sebeletso tsa mantlha joaloka thuto, phepo e nepahetseng le t'sireletso ea lijo le tlhokomelo ea bophelo
- 2: Ho tsamaisa lit'sebeletso tsa tlhabollo sebakeng sa bana ba likhutsana le ba tlokotsing ho kenyeletsoa le t'sebetso/tlhabollo ka mokhoa oa papali
- 3: Ho ntlafatsa le ho fa bakhethoa, marena le sechaba matla ele ho t'sireletsa bana ba likhutsana le ba tlokotsing le ho etsa bonnete ba hore ba fumana lit'sebeletso tse hlokaahalang

Se hlokoang ho fihleloa 5: T'sebetso ho Batho ba nang le t'soatso ea HIV

- 1: Ho t'sehetsa ka lichelete kapa mefuta e meng bakoetlisi ba nang le t'soatso ea HIV ho kena ntlo le ntlo, lipitso tsa sechaba le liphutheho le lihlopha tse fokolang/puisano ka ho phela hantle le HIV le AIDS, sekhobo le khethollo
- 2: Ho beha "setsibi" se le seng kapa mokuli ea nang le HIV setsing ka seng sa bophelo
- 3: Koetliso le tiiso ea bat'sehetsi ba kalafo sebakeng sa batho ba phelang le t'soatso ea HIV le AIDS ba sebelisang ART

TLATSETSO EA MEKHOA EA HO KENA LIPAKENG EA MAKHOTLA

- 1: Mekhatlo ea t'sebetso e fuoe lipeo ba lemele bakuli le likhutsana tsa HIV/AIDS
- 2: Likhohlopo tsa bo 'm'e le liatlana li fumanehe ka nako tsohle

G05 HA NKUEBE

Se hlohang ho fihleloa 1: Thibelo ka Phetoho ea Boit'soaro ba Thobalano

- 1: Tsamaiso ea liketsahalo tsa bacha khafetsa joaloka: lihlopha tsa bolo ea maoto; *volleyball*; lihlopha tsa motjeko; tsa lipapali tsa kalaneng; tsa malebela a bophelo
- 2: Batsoali ba kenyang letsoho ho bopa boit'soaro ba bana ka ho bua ka litaba tsa HIV le AIDS
- 3: Ho t'soara lipuisano tse shebaneng le batho ba banna (t'sebeliso ea likhohlopo, balekane ba bangata le ba khafetsa)

Se hlohang ho fihleloa 2: Ho fihlela tlhatlhobo ea HIV le Lit'sebeletso tsa Bophelo

- 1: Mekhoa ea t'sebetso sebakeng sa bakuli ba hlohang ho ea lipetlele/litsing tsa bophelo (Lekhotla le t'soanela ho lumellana ka mekhoe)
- 2: Ngoliso ea bakuli ba mafu a sa foleng
- 3: Ho tsamaisa le ho etsa bonnete ba koetliso ea bonyane mosebeletsi a le mong oa setsi sa bophelo setsing ka 'ngoe ho fana ka tlhabollo le tlhatlhobo

Se hlohang ho fihleloa 3: Thibelo ea Phetisetso ea T'soatso ho Tloha ho 'M'a ho ea ho Lesea

- 1: Koetliso ea CHWs ho hlahloba le ho t'sehetsa thibelo ea phetisetso ea t'soatso ho tloha ho 'm'a ho ea ho lesea
- 2: Ho fana ka koetliso ho bonyane mosebeletsi a le mong oa setsi sa bophelo setsing ka 'ngoe holima PMTCT le tlhatlhobo le t'sebetso ea ART/PEP
- 3: Ho etsa merero ea ho fetisetsa bo-'m'e ba hlohang ho pepa ka t'sohanyetso moo ho hlokahalang

Se hlohang ho fihleloa 4: Bana ba Likhutsana le ba Tlokotsing

- 1: Ho etsa bonnete ba hore bana ba likhutsana le ba tlokotsing ba fihlela lit'sebeletso tsa mantlha joaloka thuto, phepo e nepahetseng le t'sireletso ea lijo le tlhokomelo ea bophelo
- 2: Ho ntlafatsa le ho fa bakhethoa, marena le sechaba matla ele ho t'sireletsa bana ba likhutsana le ba tlokotsing le ho etsa bonnete ba hore ba fumana lit'sebeletso tse hlokahalang
- 3: Ngoliso ea bana ba likhutsana le ba tlokotsing

Se hlohang ho fihleloa 5: T'sebetso ho Batho ba nang le t'soatso ea HIV

- 1: Tlhophiso ea mokhoa oa ho tsamaisa bakuli, bat'sehetsi ba kalafo le ho lata meriana lipetlele/litsing tsa bophelo
- 2: Ho beha "setsibi" se le seng kapa mokuli ea nang le HIV setsing ka seng sa bophelo
- 3: Ho t'sehetsa ka lichelete kapa mefuta e meng bakoetlisi ba nang le t'soatso ea HIV ho kena ntlo le ntlo, lipitso tsa sechaba le liphutheho le lihlopha tse fokolang/puisano ka ho phela hantle le HIV le AIDS, sekhobo le khethollo

G06 TSATSANE

Se hlokoang ho fihleloa 1: Thibelo ka Phetoho ea Boit'soaro ba Thobalano

- 1: Tsamaiso ea liketsahalo tsa bacha khafetsa joaloka: lihlopha tsa bolo ea maoto; *volleyball*; lihlopha tsa motjeko; tsa lipapali tsa kalaneng; tsa malebela a bophelo
- 2: Phano ea likhohlopo tsa basali le banna le thuto ka t'sebeliso e nepahetseng ea tsona
- 3: Ngoliso ea likolo tsa moetlo le ho bona hore melao e ea hlonechoa ke likolo

Se hlokoang ho fihleloa 2: Ho fihlela tlhatlhobo ea HIV le Lit'sebeletso tsa Bophelo

- 1: Mekhoa ea t'sebetso sebakeng sa bakuli ba hlohang ho ea lipetlele/litsing tsa bophelo (Lekhotla le t'soanela ho lumellana ka mekhoe)
- 2: Ngoliso ea bakuli ba mafu a sa foleng
- 3: Ho tsamaisa phano ea thepa e hlahlobang ho bahlabolli ba HIV le AIDS ba koetlisitsong ba sechaba

Se hlokoang ho fihleloa 3: Thibelo ea Phetisetso ea T'soetso ho Tloha ho 'M'a ho ea ho Lesea

- 1: Koetliso ea CHWs ho hlahloba le ho t'sehetsa thibelo ea phetisetso ea t'soetso ho tloha ho 'm'a ho ea ho lesea
- 2: Ho fana ka koetliso ho bonyane mosebeletsi a le mong oa setsi sa bophelo setsing ka 'ngoe holima PMTCT le tlhatlhobo le t'sebetso ea ART/PEP
- 3: Ho etsa merero ea ho fetisetsa bo-'m'e ba hlokoang ho pepa ka t'sohanyetso moo ho hlokoahalang

Se hlokoang ho fihleloa 4: Bana ba Likhutsana le ba Tlokotsing

- 1: Ho ntlafatsa le ho fa bakhethoa, marena le sechaba matla ele ho t'sireletsa bana ba likhutsana le ba tlokotsing le ho etsa bonnete ba hore ba fumana lit'sebeletso tse hlokoahalang
- 2: Ho etsa bonnete ba hore bana ba likhutsana le ba tlokotsing ba fihlela lit'sebeletso tsa mantlha joaloka thuto, phepo e nepahetseng le t'sireletso ea lijo le tlhokomelo ea bophelo
- 3: Ho tsamaisa lit'sebeletso tsa tlhabollo sebakeng sa bana ba likhutsana le ba tlokotsing ho kenyeletsoa le t'sebetso/tlhabollo ka mokhoa oa papali

Se hlokoang ho fihleloa 5: T'sebetso ho Batho ba nang le t'soetso ea HIV

- 1: Tlhophiso ea mokhoa oa ho tsamaisa bakuli, bat'sehetsi ba kalafo le ho lata meriana lipetlele/litsing tsa bophelo
- 2: Ho beha "setsibi" se le seng kapa mokuli ea nang le HIV setsing ka seng sa bophelo
- 3: Ho t'sehetsa ka lichelete kapa mefuta e meng bakoetlisi ba nang le t'soetso ea HIV ho kena ntlo le ntlo, lipitso tsa sechaba le liphutheho le lihlopha tse fokolang/puisano ka ho phela hantle le HIV le AIDS, sekhobo le khethollo

TLATSETSO EA MEKHOA EA HO KENA LIPAKENG EA MAKHOTLA

- 1: Thupelo ea maqheku ka kalafo ea bakuli malapeng ka HIV/AIDS
- 2: Thupelo ea balisana ka HIV/AIDS
- 3: Thupelo ea bafani ba litsebeletso ka HIV/AIDS
- 4: Thupelo ea banna ka booki malapeng
- 5: Thupelo ea babulli ka HIV/AIDS le tlhokomelo le thuso ea pele

G07 MKHONO

Se hlokoang ho fihleloa 1: Thibelo ka Phetoho ea Boit'soaro ba Thobalano

- 1: Batsoali ba kenyang letsoho ho bopa boit'soaro ba bana ka ho bua ka litaba tsa HIV le AIDS
- 2: Tsamaiso ea liketsahalo tsa bacha khafetsa joaloka: lihlopha tsa bolo ea maoto; *volleyball*; lihlopha tsa motjeko; tsa lipapali tsa kalaneng; tsa malebela a bophelo
- 3: Ho tsamaisa lithupelo tsa ho ntlafatsa baetapele ba likhoebo ka HIV le AIDS le bophethahatsi ba boikitlaetso bo amanang

Se hlokoang ho fihleloa 2: Ho fihlela tlhatlhobo ea HIV le Lit'sebeletso tsa Bophelo

- 1: Ho tsamaisa le ho etsa bonnete ba phano ea lisebelisoa tsa tlhokomelo ea bakuli malapeng, liatlana le koetliso ho lihlopha tsa t'sebetso tse ngolisitsoeng
- 2: Mekhoa ea t'sebetso sebakeng sa bakuli ba hlohang ho ea lipetlele/litsing tsa bophelo (Lekhotla le t'soanela ho lumellana ka mekhoo)
 - Ho tsamaisa phano ea thepa e hlahlobang ho bahlabolli ba HIV le AIDS ba koetlisitsoeng ba sechaba
- 3: Ngoliso ea bakuli ba mafu a sa foleng

Se hlokoang ho fihleloa 3: Thibelo ea Phetisetso ea T'soatso ho Tloha ho 'M'a ho ea ho Lesea

- 1: Koetliso ea CHWs ho hlahloba le ho t'sehetsa thibelo ea phetisetso ea t'soatso ho tloha ho 'm'a ho ea ho lesea
- 2: Ho kena ntlo le ntlo/thuto sechabeng ka ho iketa/ho kenyeletsa banna litabeng tsa PMTCT + (ho anyesa feela)
- 3: Ho etsa merero ea ho fetisetso bo-'m'e ba hlokoang ho pepa ka t'sohanyetso moo ho hlokoahalang

Se hlokoang ho fihleloa 4: Bana ba Likhutsana le ba Tlokotsing

- 1: Ho tsamaisa lit'sebeletso tsa tlhabollo sebakeng sa bana ba likhutsana le ba tlokotsing ho kenyeletsoa le t'sebetso/tlhabollo ka mokhoa oa papali
- 2: Ho ntlafatsa le ho fa bakhethoa, marena le sechaba matla ele ho t'sireletsa bana ba likhutsana le ba tlokotsing le ho etsa bonnete ba hore ba fumana lit'sebeletso tse hlokoahalang
- 3: Ho etsa bonnete ba hore bana ba likhutsana le ba tlokotsing ba fihlela lit'sebeletso tsa mantlha joaloka thuto, phepo e nepahetseng le t'sireletso ea lijo le tlhokomelo ea bophelo

Se hlokoang ho fihleloa 5: T'sebetso ho Batho ba nang le t'soatso ea HIV

- 1: Ho t'sehetsa ka lichelete kapa mefuta e meng bakoetlisi ba nang le t'soatso ea HIV ho kena ntlo le ntlo, lipitso tsa sechaba le liphutheho le lihlopha tse fokolang/puisano ka ho phela hantle le HIV le AIDS, sekhobo le khethollo
- 2: Koetliso le tiiso ea bat'sehetsi ba kalafo sebakeng sa batho ba phelang le t'soatso ea HIV le AIDS ba sebelisang ART
- 3: Ho beha "setsibi" se le seng kapa mokuli ea nang le HIV setsing ka seng sa bophelo

G08 MOKOTJOMELA

Se hlokgang ho fihleloa 1: Thibelo ka Phetoho ea Boit'soaro ba Thobalano

- 1: Ho t'soara lipuisano tse shebaneng le batho ba banna (t'sebeliso ea likhohlopo, balekane ba bangata le ba khafetsa)
- 2: Tsamaiso ea liketsahalo tsa bacha khafetsa joaloka: lihlopha tsa bolo ea maoto; *volleyball*; lihlopha tsa motjeko; tsa lipapali tsa kalaneng; tsa malebela a bophelo
- 3: Phano ea likhohlopo tsa basali le banna le thuto ka t'sebeliso e nepahetseng ea tsona

Se hlokgang ho fihleloa 2: Ho fihlela tlhathlobo ea HIV le Lit'sebeletso tsa Bophelo

- 1: Mekhoa ea t'sebetso sebakeng sa bakuli ba hlolehang ho ea lipetlele/litsing tsa bophelo (Lekhotla le t'soanela ho lumellana ka mekhoe)
- 2: Ho tsamaisa phano ea thepa e hlahlobang ho bahlabolli ba HIV le AIDS ba koetlisitsong ba sechaba
- 3: Ho tsamaisa le ho etsa bonnete ba phano ea lisebelisoa tsa tlhokomelo ea bakuli malapeng, liatlana le koetliso ho lihlopha tsa t'sebetso tse ngolisitsong

Se hlokgang ho fihleloa 3: Thibelo ea Phetisetso ea T'soatso ho Tloha ho 'M'a ho ea ho Lesea

- 1: Ho fana ka koetliso ho bonyane mosebeletsi a le mong oa setsi sa bophelo setsing ka 'ngoe holima PMTCT le tlhathlobo le t'sebetso ea ART/PEP
- 2: Koetliso ea CHWs ho hlahloba le ho t'sehetsa thibelo ea phetisetso ea t'soatso ho tloha ho 'm'a ho ea ho lesea
- 3: Ho etsa merero ea ho fetisetsa bo-'m'e ba hlokgang ho pepa ka t'sohanyetso moo ho hloka halang

Se hlokgang ho fihleloa 4: Bana ba Likhutsana le ba Tlokotsing

- 1: Ho tsamaisa lit'sebeletso tsa tlhabollo sebakeng sa bana ba likhutsana le ba tlokotsing ho keneletsoa le t'sebetso/tlhabollo ka mokhoa oa papali
- 2: Ho ntlafatsa le ho fa bakhethoa, marena le sechaba matla ele ho t'sireletsa bana ba likhutsana le ba tlokotsing le ho etsa bonnete ba hore ba fumana lit'sebeletso tse hloka halang
- 3: Ho etsa bonnete ba hore bana ba likhutsana le ba tlokotsing ba fihlela lit'sebeletso tsa mantlha joaloka thuto, phepo e nepahetseng le t'sireletso ea lijo le tlhokomelo ea bophelo

Se hlokgang ho fihleloa 5: T'sebetso ho Batho ba nang le t'soatso ea HIV

- 1: Ho t'sehetsa ka lichelete kapa mefuta e meng bakoetlisi ba nang le t'soatso ea HIV ho kena ntlo le ntlo, lipitso tsa sechaba le liphutheho le lihlopha tse fokolang/puisano ka ho phela hantle le HIV le AIDS, sekhobo le khethollo
- 2: Tlhophiso ea mokhoa oa ho tsamaisa bakuli, bat'sehetsi ba kalafo le ho lata meriana lipetlele/litsing tsa bophelo
- 3: Koetliso le tiiso ea bat'sehetsi ba kalafo sebakeng sa batho ba phelang le t'soatso ea HIV le AIDS ba sebelisang ART

TLATSETSO EA MEKHOA EA HO KENA LIPAKENG EA MAKHOTLA

- 1: Ho rupela bafani ba litsebeletso ka lithupelo le bosebeletsi
- 2: Thupelo ea balisana ka HIV/AIDS thlathlobo le tlhabollo
- 3: Thupelo ea basebetsi ba malapeng ka HIV/AIDS, STIs le KYS
- 4: Thupelo ea maqheku le maqhekoana ka kalafo ea bakuli ba phelang le HIV/AIDS
- 5: Thupelo ea bo-ntate ka ho oka bakuli ba phelang le tsoatso ea HIV/AIDS

G09 MPHAKI

Se hlokoang ho fihleloa 1: Thibelo ka Phetoho ea Boit'soaro ba Thobalano

- 1: Batsoali ba kenyang letsoho ho bopa boit'soaro ba bana ka ho bua ka litaba tsa HIV le AIDS
- 2: Ho tsamaisa lithupelo tsa ho ntlafatsa baetapele ba likhoebo ka HIV le AIDS le bophethahatsi ba boikitlaetso bo amanang
- 3: Tsamaiso ea liketsahalo tsa bacha khafetsa joaloka: lihlopha tsa bolo ea maoto; *volleyball*; lihlopha tsa motjeko; tsa lipapali tsa kalaneng; tsa malebela a bophelo

Se hlokoang ho fihleloa 2: Ho fihlela tlhatlhobo ea HIV le Lit'sebeletso tsa Bophelo

- 1: Ho tsamaisa phano ea thepa e hlahlobang ho bahlabolli ba HIV le AIDS ba koetlisitsoeng ba sechaba
Mekhoa ea t'sebetso sebakeng sa bakuli ba hlohang ho ea lipetlele/litsing tsa bophelo (Lekhotla le t'soanela ho lumellana ka mekhoe)
- 2: Ngoliso ea bakuli ba mafu a sa foleng
- 3: Ho tsamaisa le ho etsa bonnete ba phano ea lisebelisoa tsa tlhokomelo ea bakuli malapeng, liatlana le koetliso ho lihlopha tsa t'sebetso tse ngolisitsoeng

Se hlokoang ho fihleloa 3: Thibelo ea Phetisetso ea T'soetso ho Tloha ho 'M'a ho ea ho Lesea

- 1: Koetliso ea CHWs ho hlahloba le ho t'sehetsa thibelo ea phetisetso ea t'soetso ho tloha ho 'm'a ho ea ho lesea
- 2: Ho etsa merero ea ho fetisetso bo-'m'e ba hlokoang ho pepa ka t'sohanyetso moo ho hlokoahalang
- 3: Ho kena ntlo le ntlo/thuto sechabeng ka ho iketa/ho kenyeletsa banna litabeng tsa PMTCT + (ho anyesa feela)

Se hlokoang ho fihleloa 4: Bana ba Likhutsana le ba Tlokotsing

- 1: Ho tsamaisa lit'sebeletso tsa tlhabollo sebakeng sa bana ba likhutsana le ba tlokotsing ho kenyeletsoa le t'sebetso/tlhabollo ka mokhoa oa papali
- 2: Ho etsa bonnete ba hore bana ba likhutsana le ba tlokotsing ba fihlela lit'sebeletso tsa mantlha joaloka thuto, phepo e nepahetseng le t'sireletso ea lijo le tlhokomelo ea bophelo
- 3: Ho ntlafatsa le ho fa bakhethoa, marena le sechaba matla ele ho t'sireletsa bana ba likhutsana le ba tlokotsing le ho etsa bonnete ba hore ba fumana lit'sebeletso tse hlokoahalang

Se hlokoang ho fihleloa 5: T'sebetso ho Batho ba nang le t'soetso ea HIV

- 1: Koetliso le tiiso ea bat'sehetsi ba kalafo sebakeng sa batho ba phelang le t'soetso ea HIV le AIDS ba sebelisang ART
- 2: Ho beha "setsibi" se le seng kapa mokuli ea nang le HIV setsing ka seng sa bophelo
- 3: Ho t'sehetsa ka lichelete kapa mefuta e meng bakoetlisi ba nang le t'soetso ea HIV ho kena ntlo le ntlo, lipitso tsa sechaba le liphutheho le lihlopha tse fokolang/puisano ka ho phela hantle le HIV le AIDS, sekhobo le khethollo

G10 SEFORONG

Se hlokoang ho fihleloa 1: Thibelo ka Phetoho ea Boit'soaro ba Thobalano

- 1: Tsamaiso ea liketsahalo tsa bacha khafetsa joaloka: lihlopha tsa bolo ea maoto; *volleyball*; lihlopha tsa motjeko; tsa lipapali tsa kalaneng; tsa malebela a bophelo
- 2: Ho tsamaisa lithupelo tsa ho ntlafatsa baetapele ba moetlo ka HIV le AIDS le bophethahatsi ba boikitlaetso bo amanang
- 3: Ho t'soara lipuisano tse shebaneng le batho ba banna (t'sebeliso ea likhohlopo, balekane ba bangata le ba khafetsa)

Se hlokoang ho fihleloa 2: Ho fihlela tlhatlhobo ea HIV le Lit'sebeletso tsa Bophelo

- 1: Ho tsamaisa le ho etsa bonnete ba koetliso ea bonyane mosebeletsi a le mong oa setsi sa bophelo setsing ka 'ngoe ho fana ka tlhabollo le tlhatlhobo
- 2: Ho tsamaisa phano ea thepa e hlahlobang ho bahlabolli ba HIV le AIDS ba koetlisitsoeng ba sechaba
- 3: Ho tsamaisa le ho etsa bonnete ba phano ea lisebelisoa tsa tlhokomelo ea bakuli malapeng, liatlana le koetliso ho lihlopha tsa t'sebetso tse ngolisitsoeng

Se hlokoang ho fihleloa 3: Thibelo ea Phetisetso ea T'soetso ho Tloha ho 'M'a ho ea ho Lesea

- 1: Koetliso ea CHWs ho hlahloba le ho t'sehetsa thibelo ea phetisetso ea t'soetso ho tloha ho 'm'a ho ea ho lesea
- 2: Ho kena ntlo le ntlo/thuto sechabeng ka ho iketa/ho kenyeletsa banna litabeng tsa PMTCT + (ho anyesa feela)
- 3: Ho etsa merero ea ho fetisetso bo-'m'e ba hlokoang ho pepa ka t'sohanyetso moo ho hlokoahalang

Se hlokoang ho fihleloa 4: Bana ba Likhutsana le ba Tlokotsing

- 1: Ho tsamaisa lit'sebeletso tsa tlhabollo sebakeng sa bana ba likhutsana le ba tlokotsing ho kenyeletsoa le t'sebetso/tlhabollo ka mokhoa oa papali
- 2: Ho ntlafatsa le ho fa bakhethoa, marena le sechaba matla ele ho t'sireletsa bana ba likhutsana le ba tlokotsing le ho etsa bonnete ba hore ba fumana lit'sebeletso tse hlokoahalang
- 3: Ho etsa bonnete ba hore bana ba likhutsana le ba tlokotsing ba fihlela lit'sebeletso tsa mantlha joaloka thuto, phepo e nepahetseng le t'sireletso ea lijo le tlhokomelo ea bophelo

Se hlokoang ho fihleloa 5: T'sebetso ho Batho ba nang le t'soetso ea HIV

- 1: Tlhophiso ea mokhoa oa ho tsamaisa bakuli, bat'sehetsi ba kalafo le ho lata meriana lipetlele/litsing tsa bophelo
- 2: Ho t'sehetsa ka lichelete kapa mefuta e meng bakoetlisi ba nang le t'soetso ea HIV ho kena ntlo le ntlo, lipitso tsa sechaba le liphutheho le lihlopha tse fokolang/puisano ka ho phela hantle le HIV le AIDS, sekhobo le khethollo
- 3: Koetliso le tiiso ea bat'sehetsi ba kalafo sebakeng sa batho ba phelang le t'soetso ea HIV le AIDS ba sebelisang ART

TLATSETSO EA MEKHOA EA HO KENA LIPAKENG EA MAKHOTLA

- 1: Thupelo ea bafani ba litsebeletso
- 2: Thupelo ea balisana ka HIV/AIDS
- 3: Thupelo ea maqheku ka kalafo ea bakuli ba HIV/AIDS
- 4: Thupelo ea bacha ka bohlokoa ba boemo ba bona ba tsoetso pele ho lenyalo
- 5: Thupelo ea likhutsana ka mekhoha ea boipheliso